



ST. GEORGE'S DIVINE SERVICES

Saturday, Mar. 2

All Holy Ascetical Fathers and Mothers
 Readings: Rom. 13:11-14:4; Mt. 6: 14-21
6:30 P.M. Vigil Divine Liturgy (McKees Rocks)

Sunday, Mar. 3

Sunday of the Chese fare
 Readings: Rom. 13:11-14:4; Mt. 6:14-21
9:10 A.M. Third Hour
9:30 A.M. Divine Liturgy/Right of forgiveness/Social

Supplications will be offered for+ **Stephania Rumsky, by Mary K. Pietrantonio**
 Supplications will be offered for+ **Michael Pyptyk, by Vicki & Michael Senko**

Monday, Mar. 4

St. Gerasimus, venerable
 Readings: Gen. 1:1-13; Prov. 1:1-20
7:00 P. M. Liturgy of Presanctified Gifts (McKees Rocks)

First Day of the Great fast

Wednesday, Mar. 6

St. Charalampus, Martyr
 Readings: Gen. 1:24-2:3; Prov. 2:1-21
9:30A.M. Ash Wednesday Service
7:00 P. M. Liturgy of Presanctified Gifts (North side, Pittsburgh)

Sheptytsky Arms

Saturday, Mar. 9

40 martyrs of Sebaste
 Readings: Heb. 11:24-26.32-12:2; Jn. 1: 43-51
4:00 P.M. Vigil Divine Liturgy (Arnold)
6:30 P.M. Vigil Divine Liturgy (McKees Rocks)

Sunday, Mar. 10

First Sunday of the Lent
 Readings: Heb. 11:24-26.32-12:2; Jn. 1: 43-51
9:10 A.M. Third Hour
9:30 A.M. Divine Liturgy

Supplications will be offered for+ **Michael Pyptyk (40 days), by Pierogie workers**

Write the words from the coins on the correct lines.

store 11
 but 12
 up 14
 heaven 13
 in 15
 treasures 16
 earth 17
 be 20
 treasure 18
 heart 21
 also 23
 will 22
 there 24

your 2
 yourselves 4
 is 6
 up 7
 store 1
 not 3
 for 8
 Do 9
 where 10
 on 5

“ _____ 9 _____ 3 _____ 11 _____
 _____ 14 _____ 19 _____ 4 _____
 _____ 16 _____ 5 _____
 _____ 17 _____ 12 _____ 1 _____
 _____ 7 _____ 19 _____ 4 _____ 16 _____
 _____ 15 _____ 13 _____ 8 _____ 10 _____ 2 _____
 _____ 18 _____ 6 _____ 24 _____ 2 _____ 21 _____
 _____ 22 _____ 20 _____ 23 _____” - Matthew 6:19



THE TOP 10 LENTEN TIPS

1. Regardless of how you fast, fast every single day. This type of fasting helps wear down the passions and build spiritual endurance.

2. Know exactly what the fasting regulations are and try to approximate them as best you can. Each Lent, try to be more strict yet humble.

3. Particular concerns about fasting? Age, health issues, never fasted before, mixed-marriages? Speak with your parish priest.

4. Be sure to recite the Lenten prayer of Saint Ephrem (published in today's bulletin). If you cannot make prostrations just make bows or cross yourself.

5. On weekends, we do not make prostrations and our fasting is slightly relaxed since Saturday and Sunday are holy days.

6. The Lenten services and tones are offered only during the week – strive to participate as much as possible in these services and the spirit of Lent will rub off on you.

7. Sports and outdoor activities are not contrary to the Lenten spirit.

8. Strive to avoid going to movies, parties, vacations, and other entertainments. This we do so we can have more time to devote to spiritual things.

9. Confession and Holy Communion are central to securing the benefits of Lent. Without fail, we should receive the Sacraments during the period of the Great Fast- Lent.

10. Be mindful of what we look at and how much time we spend on TV and computer. Some give up TV for all of Lent. Others strictly limit their time and watch only educational and news programs. Surfing on the web? Hit the Church or theological sites.

Let your mind fast from vain thoughts; let your memory fast from remembering evil; let your will fast from evil desire; let your eyes fast from bad sights, let your ears fast from wicked songs and slanderous whispers; let your tongue fast from condemnation, blasphemy, falsehood, deception, foul language and every idle word; let your hands fast from theft; let your legs fast from walking evil paths.

March 3, 2019

Sunday of the Chees Fare,

Octoechos Tone 8;

The Holy Martyrs Eutropius and His
Companions Cleonicus and Basiliscus
(286-305)

Changeable Part: Pages 6-8
in the Booklet of Changeable Parts (Small white book)



Announcements:

Today: Sunday of Forgiveness

This Sunday is in our Liturgical calendar the last Sunday before the beginning of the Great Fast and is called Cheesefare Sunday. This Sunday is also called "Forgiveness Sunday" from the pious Eastern Christian custom of asking each other's' forgiveness for discourtesy and disrespect before we begin together our journey through the Great Fast-Lent. At the conclusion of the Divine Liturgy as a parish family we will celebrate this ancient Rite of Forgiveness. This is an opportunity for us to begin the Fast by making a fresh start with the Lord and one another. To reap the full benefits of this day, the Church calls us to share this spirit of forgiveness and reconciliation with all those in our lives: at home, at work, at school, in our extended families, and everywhere.

Soup Sale

Again, this year we would like to sell a soup whole Lent. Every week we will have one kind of soup, next week another and so on. We need volunteers which will be able to cook soups. We will have soup sale on Thursdays and Fridays during Pyrohy hours and then on Sundays after Liturgy. The start of Soup Sale will be on Sunday, March 3rd. You will have the opportunity to purchase Lenten soups: Borsch, Barley, veggie etc. All proceeds go towards the children of St. George's Church School. Make sure to support our children who are the future of our parish family. A sign-up sheet who would like to make a soup for this fundraiser is available in the Church vestibule.

This Sunday: Mardi Gras Party

Here in our local community, Brighton Heights Lutheran Church (3830 California Avenue) invites us to their 22nd annual Mardi Gras, which will take place on Sunday, March 3rd from 12:00-4 p.m. Music will be by the Blue Orphans Band. Delicious food and coffee & desserts will be served. There is a Free Will offering to benefit various ministries. You can make your reservations by calling 412-761-8545.

Next Sunday: 1st Sunday of the Great Fast

The First Sunday of the Great Fast is also called the Sunday of Orthodoxy in commemoration of the victory of orthodoxy-true faith in controversy over Holy Icons in the year 843. As part of this commemoration, the blessing of Icons will take place at the end of the Divine Liturgy. If you have any Icons, Crosses, religious items you would like to have blessed, please place them on the Tetrapod in the center of the Church.

Please consider donation for the new mixer!!!!!!

Prayer List:

Make a point of praying for everyone on the prayer list. If you don't have one, contact the office and we'll send you one. In a special way, at this time, remember the following members of our parish family: **Alice Hooge, Mihaylyna Spak, Barbara Fedora, Mary Senchesen, Thomas Orr, Jane Chulack, Helen Fedenko, Patricia Della-Regione, Dolores Loser, Alice Mcilwane, Meghan Fossaceca, Bryan Madeya, Arlene Grzybowski, Maria Perkun, Alexandra Kozak and Gregory Waslo.**

Collection- May God bless you...

The grand total for Sunday of February 17, 2019 was **\$2,592**

(Collection: \$1897.00, Loose & candles: \$30.00, Pyrohy: \$618.00, Halushki: \$45.00)

Sincere thanks to all of you for your kindness and generosity

PRAYER OF SAINT EPHREM

O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust of power, and idle chatter. (Prostration)

Instead, grant to me Your servant, the spirit of wholeness of being, humble mindedness, patience, and love. (Prostration)

O Lord and King, grant me the grace to be aware of my sins, and not to judge my brother. For You are holy, now and ever and forever. Amen. (Prostration)

**From the Pastoral Letter of the 2018 Synod of Bishops
on God's Word and Catechesis.**

Parish Community

We address all the faithful of our Church, for indeed, all members of the church community are called to be transmitters of faith. The development of the parish, the Church and society depends on the conscientious fulfillment of this right and obligation by every Christian. A parish community ought to care for the spiritual-moral development of each of its members, and also to preach the Gospel to all people. The Parish community is to be the inspiration and motivation of catechesis, and the main source of its actualization.

We, therefore, call upon you to nurture vocations to the religious life, to the priestly and catechetical ministry. Show an appreciation for those who preach the Word of God, lead others to encounter Christ, educate and guide others in the faith. Pray for them, show them your appreciation and support. Grow ever deeper in the knowledge of the Word of God, allow it to transform you. Read the Catechism of the Ukrainian Greek Catholic Church, "Christ our Pascha," in order to learn the truths of the faith and to live by them. Share the joy of meeting the Risen Christ and take active part in the community and prayer life of the parish. Bear witness to your faith in your personal, family, professional and social circles. Live every day with faith, prayer and good works.

The Most Holy Theotokos is Mother and Disciple of Christ, who heard His Word and believed in Him, received Him and gave Him to the world. For us, she is the model of how to be followers of Christ and lead others to Him, so that in response to our faith witness people, who today call out, "We wish to see Jesus" (Jn 12:21) can recognize, accept Him, and live in unity with Him.

May the Most Holy Theotokos lead us in the mission of listening to the Word of God and incarnating it into our daily lives, so that ever more profoundly we may know the teaching of Christ, grow in the faith and pass it on to others with joy and fervor.

