



ST. GEORGE'S DIVINE SERVICES

Saturday, March 6

Third All Souls Saturday

Readings: Heb. 10:32-38; Mk: 2:14-17

9:00 A. M. Divine Liturgy/Sorokousty-Hramoty

4:00 P.M. Vigil Divine Liturgy/Sorokousty-Hramoty (Rocks)

Sunday, March 8

Third Sunday of the Great Fast/Veneration of the Cross

Readings: Heb 11:24-26.32-12:2; Jn: 1:43-51

11:30 A.M. Divine Liturgy

Supplications will be offered for **+Mike Senko, given by Victoria & Michael Senko.**

Supplications will be offered for **+Jane Adamiak, given by Roger & Jacque Adamiak.**

Supplications will be offered for **+Robert Novak, given by Family.**

Supplications will be offered for **+Gregory H. waslo III , given by wife Dorothy.**

Thursday, March 12

St. Theophan, Venerable-Confessor

Readings: Gen. 10:32-11:9; Prov. 13:19-14:6

6:30 P. M. Adult Religious Class

Saturday, March 14

Fourth All Souls Saturday

Readings: Heb. 6:9-12; Mk: 7:31-37

8:30 A. M. Divine Liturgy/Sorokousty-Hramoty

6:30 P.M. Vigil Divine Liturgy (McKees Rocks)

Sunday, March 15

Fourth Sunday of the Great Fast/St. John Climacus, venerable

Readings: Heb. 6:13-20; Mk: 9:17-31

9:30 A.M. Divine Liturgy

Supplications will be offered for **+Ivan Salo, given by Andrew Salo.**

Supplications will be offered for **+Rudolph Adamiak, given by Roger & Jacque Adamiak.**

Supplications will be offered for **+Patricia Della Ragione, given by Luigi & family.**

Eternal light Candle offering for March 8, 2026

Blessed Memory of **+Michael Senko** requested by Michael and Vicki Senko.

Jesus taught His disciples about what would happen to Him in the future. They didn't like what they heard! What would Jesus do?



Answer each problem, then fill in the spaces using this code.

A=1	D=4	H=7	K=10	O=13	T=16
B=2	E=5	I=8	L=11	R=14	U=17
C=3	F=6	J=9	M=12	S=15	

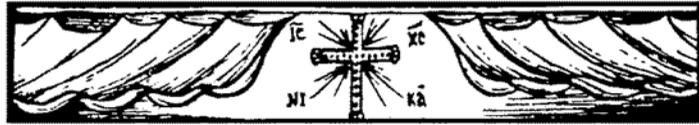
$$\begin{array}{r} 3 \\ \times 5 \\ \hline \end{array} \quad \begin{array}{r} 15 \\ + 2 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ + 3 \\ \hline \end{array} \quad \begin{array}{r} 4 \\ + 2 \\ \hline \end{array} \quad \begin{array}{r} 10 \\ \div 2 \\ \hline \end{array} \quad \begin{array}{r} 7 \\ + 7 \\ \hline \end{array}$$

$$\begin{array}{r} 4 \\ \div 2 \\ \hline \end{array} \quad \begin{array}{r} 10 \\ - 5 \\ \hline \end{array} \quad \begin{array}{r} 2 \\ \times 7 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ + 2 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ \times 3 \\ \hline \end{array} \quad \begin{array}{r} 4 \\ + 1 \\ \hline \end{array} \quad \begin{array}{r} 6 \\ - 3 \\ \hline \end{array} \quad \begin{array}{r} 4 \\ \times 4 \\ \hline \end{array} \quad \begin{array}{r} 15 \\ \div 3 \\ \hline \end{array} \quad \begin{array}{r} 2 \\ + 2 \\ \hline \end{array}$$

$$\begin{array}{r} 8 \\ \div 4 \\ \hline \end{array} \quad \begin{array}{r} 11 \\ - 6 \\ \hline \end{array} \quad \begin{array}{r} 5 \\ + 5 \\ \hline \end{array} \quad \begin{array}{r} 9 \\ - 1 \\ \hline \end{array} \quad \begin{array}{r} 7 \\ + 4 \\ \hline \end{array} \quad \begin{array}{r} 20 \\ - 9 \\ \hline \end{array} \quad \begin{array}{r} 1 \\ + 4 \\ \hline \end{array} \quad \begin{array}{r} 12 \\ \div 3 \\ \hline \end{array}$$

$$\begin{array}{r} 20 \\ - 6 \\ \hline \end{array} \quad \begin{array}{r} 2 \\ \times 4 \\ \hline \end{array} \quad \begin{array}{r} 10 \\ + 5 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ + 2 \\ \hline \end{array} \quad \begin{array}{r} 18 \\ \div 3 \\ \hline \end{array} \quad \begin{array}{r} 11 \\ + 3 \\ \hline \end{array} \quad \begin{array}{r} 12 \\ + 1 \\ \hline \end{array} \quad \begin{array}{r} 2 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} 2 \\ \times 8 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ + 4 \\ \hline \end{array} \quad \begin{array}{r} 20 \\ \div 4 \\ \hline \end{array} \quad \begin{array}{r} 6 \\ - 2 \\ \hline \end{array} \quad \begin{array}{r} 9 \\ - 4 \\ \hline \end{array} \quad \begin{array}{r} 2 \\ - 1 \\ \hline \end{array} \quad \begin{array}{r} 3 \\ + 1 \\ \hline \end{array}$$



Prayers Reflecting on the Cross

Exaltation of the Cross

Holy Father, as we reflect on the exaltation of the Cross, we praise Thy Holy Name for the sacrifice of Thy Son. May we embrace the message of love and redemption, drawing strength from His humility. Help us to carry our own crosses with grace, that we may grow closer to Thee. Amen.

Gratitude for the Cross's Sacrifice

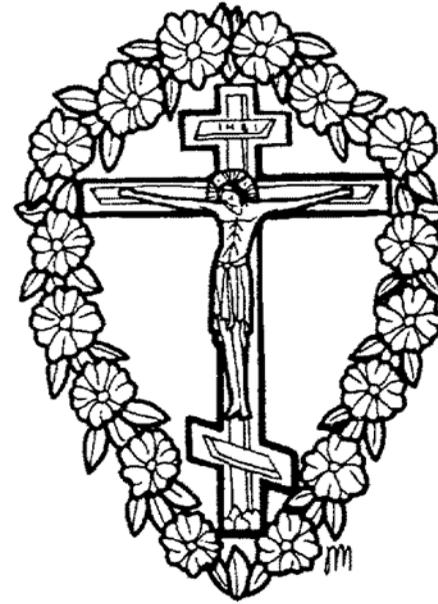
O Father, with humble hearts, we come before You, overflowing with gratitude for the sacrifice of the Cross. Thank You for the boundless love and grace poured out through Your Son, Jesus. May we always remember the depth of His suffering and the gift of salvation it brings. Help us to live in a way that honors this profound sacrifice, reflecting Your love to the world. Amen.

Finding Peace in the Cross

Holy Father, In the shadow of the Cross, we seek Your peace that surpasses all understanding. Help us to embrace the sacrifice made for our salvation, finding solace in Your love and grace. May we lay our burdens at Your feet, trusting in Your divine plan. Grant us the strength to reflect Your peace in our lives, shining Your light in a world of turmoil. Amen.

Embracing the Cross's Love

Lord Jesus, as we embrace the love of the Cross, may we be transformed by its profound sacrifice. Help us to carry our own crosses with grace, reflecting Your love and mercy to the world. Strengthen our hearts to endure trials, and fill us with compassion for others, that we may share the hope found in Your ultimate sacrifice. Amen.



March 8, 2026

Third Sunday in Great Lent
*Veneration of the Holy and
Life-Giving Cross*

Octoechos Tone 6

Changeable Parts- See the special insert available in the church vestibule.

Announcements:

Today: Third Sunday of the Great Fast

On this Third Sunday of the Great Fast, we honor and venerate the Holy and Life-giving Cross of Our Lord and Savior Jesus Christ. In the beginning of the Divine Liturgy the Cross adorned with flowers will be brought out in procession and placed on the Tetrapod in the center of the Church. During the entire week, the Cross will remain in the center of our Church, not merely to remind us of Christ's redemption and for us to keep the goal of their Lenten efforts, but also as a reminder: *"He who does not take up his cross and follow me is not worthy of me"* (Mt 10:38). Following the Divine Liturgy, please come forward to venerate the Cross of Our Lord as we continue our journey of the Great Fast.

Our Lenten project

This week we have delicious mushroom/barley and vegetable soup for sale at \$10 per quart. If you are able to make a pot of home-made soup to support our Lenten project, there is a sign-up sheet in the vestibule. Any help you can provide is much appreciated.

Nut roll Sale:

Our delicious home-made nut rolls are now available for sale. They are \$10 each while supplies last. We hope you enjoy, and we appreciate your support.

Lenten Mission

Our parishioner, Marta Shchur is going to Ukraine next month. Marta works closely with the military and they have asked for donations of bandages and first aid supplies. We have chosen this our Lenten Mission for 2026. If you are interested in supporting this project, please make your check payable to: St. George Ukrainian Church. Any amount is greatly appreciated.

Pyrohy Project:

We will be busy this week and we can use your help – whether it's for a few hours or the full day! Pyrohy production starts at 9 a.m. We would love to have you join this ministry which is our main fundraiser. This week, we will have fresh potato/cheese and jalapeno. We also have frozen potato/cheese, sauerkraut and loaded baked potato pyrohy available.

PARISHIONERS' PRAYER LIST:

Please make an effort to pray for the following people IN NEED OF OUR PRAYERS because they are shut-in either at home, or in hospitals and nursing homes. The names we have received are: Barbara Fedora, Thomas Kunsak, Kathee Shabla, Dorothy Waslo and Msgr. George Appleyard (The Willows, 1215 Hulton Rd, Oakmont, PA 15139).

Mark your calendar: Our next Adult Religious education class is scheduled for **Thursday, March 12th**. The title is "The Desire to Be Loved & The Desire to Love." Join Fr. Benedict Groeschel as he leads us to understand that the search for holiness should be our primary purpose in life. Fr. Groeschel's goal in this series is to teach "how to organize and focus all the powers of your personality and life in responding to the Gospel and the Call of Jesus Christ." A special thank you to Don Fontana for leading these classes.

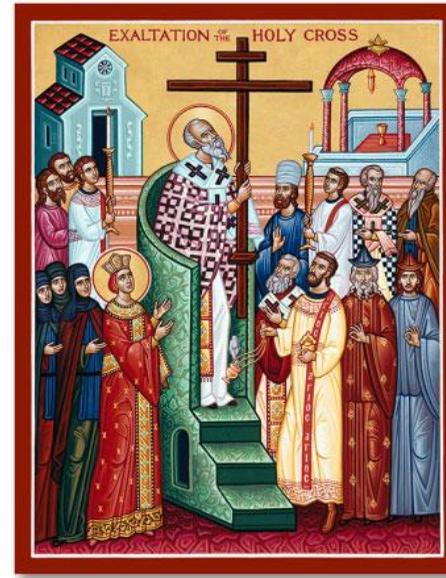
RaiseRight – Gift Cards with a Purpose:

If you are going grocery shopping, out to eat, ordering on Amazon or filling your car with gas, consider using RaiseRight to buy gift cards **FIRST** for these purchases. Every dollar earned helps St. George! You can set up an account easily at: <https://www.raiseright.com/> The St. George code is: M2MGCVH7NH2P. Please see Vicki Senko with any questions.

Collection- May God bless you...

The grand total for Sunday of February 22, 2026 was **\$6,525.00 + \$1,649.00**
(Collection: \$6,370.00, Loose: \$155.00, pyrohy: \$1,649.00)

Sincere thanks to all of you for your kindness and generosity!



Reflection on The Veneration of the Cross

We heard today the Gospel narrative the Lord's teaching on the salvation of the soul and how our salvation is deeply rooted in the Cross. Jesus said today in the Gospel, "Whoever will come after me, let him deny himself, and take up his cross, and follow me." Taking up one's cross does not imply wearing a cross around your neck, neither does it suggest to lift up on your shoulders and giant and heavy cross. The experience of the cross is when we sacrifice our own will and subject it to the will of the other, repeating in ourselves what the Lord did in Gethsemane in relation to the will of his Father.

When we see the Lord crucified on the cross, we are witnessing the culmination of his *kenosis*, which literally means one's self-emptying; losing oneself. Jesus says today, "Whoever will save his life shall lose it; but whoever shall lose his life for my sake and the Gospel's, the same shall save it". When we hold onto something, we lose it, but when we let go, strangely, we find it. This kenotic way is the only way that befits the Christian. Without it, we would deny the true value of the Cross, but we also deny the true value of the salvation of our souls. "or what shall it profit a man, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul?" In this passage, the Lord underlines the huge importance of the soul. There is nothing in this world — nor in the next, as a matter of fact — more precious and valuable than our soul.

If a person was to travel the universe, and visit all the planets and expanses of this, or even perhaps live a life full of victories and trophies, but in the end lose their soul, what would be gained? Absolutely nothing. For there is nothing a person can give in exchange for their soul. The Lord is referring here to the importance of the soul, and he also raises the question, "What is the soul?" Many have tried in the past to define the soul but have failed. Just as many have failed to define the human body. However, there are some descriptions of the soul that resonate more than others. St Gregory of Nyssa describes the soul as being 'in the image and likeness of God', St Irenaeus calls it 'the breath of life', and St Athanasius goes on to say that, 'The soul is in essence noetic, ethereal, bodiless, without change, and eternal'. All these statements confirm just how precious and important the soul is. So precious, indeed, that the Lord "sent his only begotten Son", the Word and Logos of the Father, "that whoever believeth in him shall not perish but have eternal life" (John 3:16). Let us therefore reaffirm our faith in the Lord and, in the spirit of thanksgiving and love, give glory to the Father, the Son, and the Holy Spirit. Amen. **Archimandrite Chrysostomos Michaelides, posted by St. Andrews Greek Orthodox Cathedral, London, UK.**